

THE GROVE SPA

& BOUTIQUE

Vein Therapy Pre-Treatment

Please review and follow our pre-treatment care plan. Failure to do so could result in cancellation of your treatment and forfeiture of your deposit. This service can not be performed on anyone who is pregnant or nursing.

Sclerotherapy Pre-Treatment

Pre-Treatment: Day Before

- Before the procedure, avoid shaving or applying any lotion to your legs. Wear loose, comfortable clothing to your appointment. You might even consider wearing a pair of shorts so that your legs are exposed. Refrain from shaving or using lotion after the procedure until the injection site(s) is healed.

Post Treatment: Day of Appointment

- Limit caffeine and aspirin intake.

Laser Vein Therapy Pre-Treatment

Pre Treatment: 6 Weeks Before

- Avoid sun exposure 4-6 weeks before and after treatment. Avoid sun exposure 4-6 weeks before and after treatment.
- Your provider may ask you to stop any topical medications or skin care products 3-5 days prior to treatment.
- If you have a history of cold sores, please be sure to pre-treat with an anti-viral.
- RECENTLY TANNED SKIN CANNOT BE TREATED! If treated within 2 weeks of active (natural sunlight or tanning booth) tanning, you may develop hypopigmentation (white spots) and this may not clear for 2-3 months or more.

Pre Treatment: 2 Weeks Before

- The use of self-tanning skin care products must be discontinued 2 weeks before treatment. Any residual self-tanner must be removed prior to treatment.

Have a question? Call us at 816-834-9100 or email us at clientservices@thegrovespa.com

