

# THE GROVE SPA

### & BOUTIQUE

# Laser Hair Removal Pre-Treatment Continued

#### **Pre Treatment: Day of Appointment**

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- Limit caffeine and aspirin intake, avoid NSAIDS.
- Skin must be clean and dry; no lotions, perfumes, make-up, deodorant, self-tanners, etc.
- Wear loose, comfortable clothing to your appointment. (You might consider wearing a pair of shorts so that your legs are exposed.)
- Refrain from shaving or using lotion after the procedure until the treated area is healed.

#### **Contraindications:**

- Accutane: Wait six months after the completion of Accutane therapy
- Tattoos: Including decorative, permanent makeup and radiation port tattoos
- Photosensitivity
- Light-triggered seizures
- Client taking daily anticoagulation therapy, iron supplements, herbal supplements such as gingko, ginseng or garlic may bruise more readily.
- Photosensitizing Medications
- History of Herpes Simplex Virus (HSV) 1 & 2: Must pre-treat with an anti-viral
- Active Skin Infections
- Cold Sensitivity/Raynaud Phenomenon
- Keloid Scarring
- Implanted Medical Devices: Pacemakers, cardioverters, and other implantable devices
- Recently Tanned Skin: Blisters and hypopigmentation or hyperpigmentation may occur

Have a question? Call us at 816-834-9100 or email us at clientservices@thegrovespa.com