

THE GROVE SPA

& BOUTIQUE

Botox[®]/Dysport[®]/Daxxify[®]

Pre-Treatment

Please review and follow our pre-treatment care plan. Failure to do so could result in cancellation of your treatment and forfeiture of your deposit. This service can not be performed on anyone who is pregnant or nursing.

2 Weeks Before:

- Schedule your appointment at least 2 weeks prior to a special event. Redness, swelling and bruising may be apparent in that time period.
- If you have a history of cold sores, please be sure to pre-treat with an anti-viral.

2-3 Days Before:

- It is recommended to discontinue the use of Aspirin, NSAIDs, ginkgo biloba, garlic, ginseng, St. John's Wort, flax oil, cod liver oil, vitamin A, vitamin E, or any other essential fatty acids at least 3 days to 1 week before and after treatment to minimize bruising or bleeding. Please consult with your primary physician before discontinuing any medications.
- Avoid alcohol, caffeine, Niacin supplements, high-sodium foods, high-sugar foods, refined carbohydrates, spicy foods, and cigarettes. All of these factors may increase the risk of bruising and swelling.
- Starting Arnica supplements at least 2 days before injections may help with bruising.
- You may not have an active rash in the area being treated.

Contraindications:

- Keloid scarring
- Neuromuscular disorders
- Allergies to neurotoxin product
- Body dysmorphic disorder

Have a question? Call us at 816-834-9100 or email us at clientservices@thegrovespa.com

