

THE GROVE SPA

& BOUTIQUE

Botox[®]/Dysport[®]/Daxxify[®]

Post-Treatment

Please follow this care plan closely in order to see the best results.

On the day of your treatment:

- Immediately after your treatment, it is essential that you do not lie down or wear any hats or headbands for a minimum of 6 hours to prevent undesired movement of the neurotoxin.
- Near the injection sites, there may be redness, swelling, and bruising. Avoid itching, rubbing, or touching the area. This is normal and generally disappears within a few days.
- Avoid strenuous exercise for 12 hours after neurotoxins as it can increase the amount of bruising and prevent undesired movement of the neurotoxin. If bruising does occur, or you bruise easily, Arnica, an over-the-counter natural medication can be used. Tylenol and cold compresses can also be used to minimize discomfort.

2-14 Days After:

- It can take up to 2 weeks for Botox[®]/Dysport[®]/Daxxify[®] full results to be seen.
- Your provider will check in with you at the 2 week mark to make sure you're satisfied with your results. If your desired results are not seen by 2 weeks post treatment, you may need additional units. You are charged for the amount of neurotoxins used, and therefore will be charged for any additional units injected during any subsequent appointments.

Have a question? Call us at 816-834-9100 or email us at clientservices@thegrovespa.com

