

THE GROVE SPA

& BOUTIQUE

Chemical Peel Post-Treatment

Follow this care plan closely in order to see the best results.

On the Day of Your Treatment:

- Redness or sensitivity might be present (and last up to a few days).
- Avoid the use of heat sources such as steam, saunas, professional or home hairdryers for 8 hours following an AlphaRet Professional Peel treatment.

Post-Treatment: 2-5 Days

- Peeling may start 2-5 days after treatment. Generally, non-comedogenic (non-pore clogging) makeup may be applied after each AlphaRet Professional Peel treatment.
- Avoid exercise (sweating) for at least a few hours after each peel treatment.
- Avoid direct sun exposure; wear protective clothing (i.e. wide-brimmed hat) and use a mineral sunscreen (containing titanium dioxide and/or zinc oxide) with an SPF 30 or higher, daily.
- Do not use retinoid- or retinol- containing products such as Tretinoin, AlphaRet Overnight Cream, or other
- Vitamin A derivatives for 5 days after an AlphaRet Professional Peel treatment, unless otherwise directed by your Healthcare Professional.
- Do not use other potentially irritating ingredients such as harsh exfoliating products that contain alpha hydroxy or beta hydroxy acids (AHAs [i.e. glycolic and lactic acids] or BHAs [i.e. salicylic acid]) for 5 days after an AlphaRet Professional Peel treatment, unless otherwise directed by your Healthcare Professional.
- If irritation occurs, stop or do not resume use of products until the skin has normalized.
- Facial hair should not be waxed for 48 hours after an AlphaRet Professional Peel treatment.
- You may resume facial shaving the day after each peel treatment or when the skin has normalized.
- Best results are obtained in a series of 4-6 treatments.

Have a question? Call us at 816-834-9100 or email us at clientservices@thegrovespa.com

