

THE GROVE SPA

& BOUTIQUE

Laser Skin Pre-Treatment

Please review and follow our pre-treatment care plan. Failure to do so could result in cancellation of your treatment and forfeiture of your deposit. This service can not be performed on anyone who is pregnant or nursing.

Pre Treatment: 6 Weeks Before

- Avoid sun exposure 4-6 weeks before and after treatment. Avoid sun exposure 4-6 weeks before and after treatment.
- Your provider may ask you to stop any topical medications or skin care products 3-5 days prior to treatment.
- If you have a history of cold sores, please be sure to pre-treat with an anti-viral.
- RECENTLY TANNED SKIN CANNOT BE TREATED! If treated within 2 weeks of active (natural sunlight or tanning booth) tanning, you may develop hypopigmentation (white spots) and this may not clear for 2-3 months or more.

Pre Treatment: 2 Weeks Before

- The use of self-tanning skin care products must be discontinued 2 weeks before treatment. Any residual self-tanner must be removed prior to treatment.



Keep reading for more Pre-Care Instructions.

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Laser Skin Pre-Treatment Continued

Contraindications:

- Accutane: Wait six months after the completion of Accutane therapy.
- Tattooed Skin, including decorative, permanent makeup and radiation port tattoos.
- Photosensitivity
- Pregnant or Breastfeeding
- History of light-triggered seizures
- Clients taking daily anticoagulation therapy, iron supplements, herbal supplements such as ginkgo, ginseng or garlic may bruise more readily.
- Photosensitizing Medications
- History of cold sores/Herpes Simplex Virus 1 & 2, must pre-treat with an anti-viral medication.
- Active Skin Infections or Open Wounds
- Cold Sensitivity/Raynaud Phenomenon
- Keloid Scarring
- Implanted Medical Devices, including pacemakers, cardioverters, and other implantable devices.
- Recently Tanned Skin



Have a question? Call us at 816-834-9100 or email us at clientservices@thegrovespa.com