

THE GROVE SPA

& BOUTIQUE

Chemical Peel Post-Treatment

Follow this care plan closely in order to see the best results.

On the Day of Your Treatment:

- Redness or sensitivity might be present (and last up to a few days).

Pre Treatment: 2-5 Days

- Peeling may start 2-5 days after treatment.
- Do not pick or scratch at treated skin.
- Avoid strenuous exercise or sweating for 24 hours or until skin is done peeling.
- Avoid sun tanning and prolonged exposure to direct sunlight.
- If exposed to the sun, always use broad spectrum SPF 30+ and reapply every 2 hours.
- Wear sun protective hats.
- Best results are obtained in a series of 4-6 treatments.



Have a question? Call us at 816-834-9100 or email us at clientservices@thegrovespa.com