

THE GROVE SPA

& BOUTIQUE

PRP/PRF Injections Pre-Treatment

Please review and follow our pre-treatment care plan. Failure to do so could result in cancellation of your treatment and forfeiture of your deposit. This service can not be performed on anyone who is pregnant or nursing.

PRP and PRF for skin rejuvenation is a solution for clients looking for a safer and more natural alternative to dermal fillers. It can be injected safely under eyes, cheeks, nasolabial folds, neck lines, etc.

PRP (Platelet Rich Plasma) and PRF (Platelet Rich Fibrin) injections work by rejuvenating skin tissue by releasing growth factors, peptides and mobilizing stem cells taken from your own body, which in return stimulates collagen and production of new skin cells. As your own plasma is used, there is absolutely no harm of allergic reaction or rejection.

You may see some results immediately, however, best results are seen at the 3 month mark, which is the ideal time needed for collagen, elastin and new cell growth. Most patients need 3-4 treatments spaced at 1 month intervals to achieve optimal results. We offer a substantial package discount when you purchase 3 treatments, which is where we have seen the best results.

Pre Treatment: 3 Days

- Limit sugar, caffeine and alcohol intake
- A vegan or lean meat diet is ideal
- Increase water intake
- Working out is encouraged as it increases red blood cells
- Avoid anti-inflammatory medications and dietary supplements
- Do not smoke cigarettes

Patients that meet the following criteria may not see optimal results:

- Consistent use of NSAIDS 72 hours prior
- Systemic use of corticosteroids
- Use of tobacco
- Recent fever or illness

Have a question? Call us at 816-834-9100 or email us at clientservices@thegrovespa.com

