

# THE GROVE SPA

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& BOUTIQUE

## The Perfect Derma® Skin Peel Pre-Treatment

Please review and follow our pre-treatment care plan. Failure to do so could result in cancellation of your treatment and forfeiture of your deposit. This service can not be performed on anyone who is pregnant or nursing.

### Pre Treatment: 2 Weeks

- Refrain from using self tanners 2 weeks prior to treatment.
- If you have had recent sun exposure, be sure all redness or sunburns have completely healed before having a chemical peel.
- Do not wax or have a skin treatment like microneedling or IPL 2 weeks prior to your treatment.
- If you have a history of cold sores, please be sure to pre-treat with an anti-viral.

### Pre Treatment: 3-5 Days

- Before your chemical peel treatment discontinue use of retinols, tretinoin, exfoliating products, acids and bleaching creams/products 3-5 days in advance.

Keep reading for more Post-Care Instructions.

