

THE GROVE SPA

& BOUTIQUE

Laser Skin Post-Treatment

Follow this care plan closely in order to see the best results.

Day of Appointment:

- Immediately after treatment, there should be mild erythema (redness) and mild edema (swelling) at the treatment site, which may last up to 2 hours, or longer. The erythema may last up to 2-3 days. The treated area will feel like sunburn for a few hours after treatment. Some clients note that their skin feels pleasantly warm after treatment.
- Your provider may use an optional cooling method after treatment to ensure your comfort.

Post-Treatment:

- Your provider will inform you when you may resume the use of your usual skin care products.
- Makeup may be used after the treatment as long as the skin is not irritated.
- Avoid sun exposure to reduce the chance of hyperpigmentation (darker pigmentation).
- Use sunblock (SPF 30+) at all times throughout the course of treatment.
- Avoid picking or scratching the treated skin.
- There are no restrictions on bathing except to treat the skin gently, as if you had sunburn, for the first 24 hours.
- The laser treatment is often performed 4-5 times at monthly intervals for best results. You may notice immediate, as well as longer term improvements in your skin.

Have a question? Call us at 816-834-9100 or email us at clientservices@thegrovespa.com

